

Lunch

SPECIALTY SANDWICHES

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| Mayrose Hero — turkey, pickled peppers, provolone, lettuce and tomato with balsamic dressing | \$8.50 |
| Easy Rider — avocado, sliced egg, sprouts and tomato with herb mayo on semolina toast | \$8.25 |
| | <i>with turkey</i>\$9.75 |
| El Diablo — chili-rubbed grilled chicken with salsa verde, jack cheese and chipotle mayo | \$8.95 |
| Woodstock — grilled garden vegetables, black olive tapanade and roasted eggplant | \$8.50 |
| | <i>with chicken</i>\$10.50 |
| Plymouth Adventure — roast turkey, crispy bacon with cheddar and cranberry | \$8.95 |
| Five Corners — roast beef, sautéed onions and melted mozzarella on italian bread au jus | \$9.25 |
| Goodfella — classic-style meatballs with provolone cheese and red sauce on a hero | \$9.25 |
| Smoked Salmon — toasted bagel with all the trimmings | \$11.95 |

OLD FAVORITES *choice of country white, rye, challah, seven grain bread or semolina*

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| Chicken Salad or Tuna Salad | \$7.50 |
| Roast Turkey | \$7.95 |
| Roast Beef | \$7.95 |
| B.L.T. | \$6.95 |
| | <i>with grilled chicken</i>\$8.95 |
| Grilled Cheese | \$6.25 |
| | <i>with ham or bacon</i>\$7.75 |
| Tuna Melt | \$8.95 |
| <i>on the house: tomato, cranberries, pickled onions or peppers</i> | |
| <i>cheese</i> \$.75 | <i>hero</i> \$.50 |

BURGERS *served with slaw and pickle*

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|--|----------------|---------------|--------|
| Burger | \$8.95 | <i>deluxe</i> | \$9.95 |
| Turkey | \$8.95 | <i>deluxe</i> | \$9.95 |
| Meatless | \$7.50 | <i>deluxe</i> | \$8.50 |
| <i>toppings:</i> | | | |
| <i>american, swiss, blue, cheddar, mozzarella, provolone, monterey jack, munster, fontina, sautéed onions or mushrooms</i> | \$.75 | | |
| <i>bacon, chili, or guacamole</i> | \$1.00 | | |

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| Burger+Salad—with cheese and choice of mixed greens or caesar | \$10.95 |
| The Earl — two 8oz. burgers with any topping and fries | \$14.50 |

HOTS AND BRATS *served with slaw and pickle*

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| <i>Salumeria Biellese hot dogs and bratwurst grilled with sweet relish mustard, sautéed onions and fries</i> | | | | |
| Hots | orphan | \$8.50 | twins | \$10.50 |
| Brats | orphan | \$8.50 | twins | \$10.50 |
| One and One. | | | | \$10.50 |
| <i>toppings: cheese, chili or kraut</i> \$.75 | | | | |

FROM THE PANINI PRESS

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| Mozzarella, Tomato and Pesto | \$8.95 |
| Fontina, Prosciutto and Arugula | \$8.95 |
| Lemon Chicken and Fontina | \$8.95 |
| Artichoke, Asparagus and Parmesan | \$9.50 |
| Grilled Marinated Tuna, Black Olive and Chicory | \$9.95 |

SOUPS

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| Penicillin | \$4.50 | Soup of the Day | \$4.50 |
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ENTREES

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| Yankee Franks and Beans — brown bread | \$11.50 |
| Chili with Fixins — meat or veg | \$8.50 |
| Baked Macaroni — with cheddar | \$9.95 |
| | <i>with country ham</i>\$11.95 |
| Eve's Meatloaf Complete — mashed, peas and carrots, mushroom gravy | \$11.95 |
| BBQ Chicken — cup of mac and collard greens | \$12.95 |
| Grilled Two-Cheese Quesadilla — choice of chili, chicken or grilled vegetables | \$11.95 |

SALADS *balsamic vinaigrette, russian, ranch, honey mustard or sherry vinaigrette*

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| House Salad | \$5.50 | <i>with goat cheese</i> | \$6.50 |
| Chicken or Tuna Salad— on mixed greens | \$9.95 | | |
| Niçoise Salad — grilled tuna or salmon | \$12.95 | | |
| Cobb Salad — crumbled blue cheese | \$11.95 | | |
| Caesar Salad | \$7.95 | <i>with grilled chicken</i> | \$10.95 |
| | | <i>with grilled shrimp</i> | \$12.95 |
| Chopped Salad — mixed greens with asparagus, beets, onions, cucumber, green beans and tomato | \$9.95 | | |
| | | <i>with grilled chicken</i> | \$11.95 |
| Arugula Salad — asparagus, feta cheese, red onion and tomatoes with sherry vinaigrette | \$8.95 | | |
| Pasta Salad — grilled chicken, artichoke hearts, olives and pesto | \$9.95 | | |
| Fruit Salad with cottage cheese or yogurt | \$6.95 | | |

GRIDDLED GREATS *served with virgin new york state maple syrup*

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| Natural Waffles | \$6.75 |
| Waffles — berries and whipped cream | \$8.50 |
| Bacon Waffles | \$7.95 |
| Buttermilk Griddle Cakes | \$6.75 |
| Buttermilk Blueberry Cakes | \$7.95 |
| French Toast — challah or cinnamon raisin | \$6.50 |
| <i>toppings:</i> | |
| <i>chocolate chips, cinnamon and raisins or walnuts</i> |\$.75 |
| <i>bananas or granny smith apples</i> |\$1.25 |
| <i>seasonal berries</i> |\$1.95 |

OUTRAGEOUS EGGS *served with toast and spuds*

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| 3 Eggs (any style joe knows) | \$5.95 | egg whites | – \$1.50 |
| 4-Egg Omelet—with any two fillings | \$7.95 | | |
| <i>fillings:</i> | | | |
| <i>american, swiss, blue, monterey jack, cheddar, mozzarella, provolone, goat cheese, fontina, feta, munster, cream cheese, sour cream, salsa, tomatoes, bell peppers, jalapenos, spinach, asparagus, sautéed onions or mushrooms</i> | \$.75 | | |
| <i>meat fillings:</i> | | | |
| <i>bacon, sausage or ham</i> | \$1.25 | | |

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| Garden Scramble — egg whites, sautéed mushrooms, fresh tomato, asparagus and bell pepper | \$9.25 |
| Lumber Jack/Jill — 2 eggs, short stack with bacon, sausage and ham | \$10.75 |

Omelets

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| The Cowboy — chili and sliced beef with chives and sour cream | \$9.25 |
| The Farmer — spinach, mushrooms, sautéed onions, fresh herbs and goat cheese | \$9.25 |
| The Ira — smoked salmon, roast tomatoes, sautéed onions and cream cheese | \$9.95 |
| The Nikko — tomato, spinach, bell pepper and feta | \$8.75 |
| The JoJo — egg whites with munster, tomato, sautéed onions and mushrooms | \$9.25 |

COFFEE CORNER

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|---------------------------------|--------|
| Espresso* (Reg or Decaf) | \$2.50 |
| Cappuccino* (Reg or Decaf) | \$3.00 |
| Latte* (Reg or Decaf) | \$3.00 |
| Café Mocha* | \$3.50 |
| Vanilla Latte* | \$3.50 |
| House Blend (Reg or Decaf) | \$1.75 |
| Numi® Teas and Herbal Infusions | \$1.75 |
| Dark Sweet Hot Chocolate | \$2.75 |

COOL STUFF

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|---------------------------------|--------|
| Iced Mochaccino* (Reg or Decaf) | \$3.95 |
| Iced Latte* (Reg or Decaf) | \$3.75 |
| Iced Cappuccino* (Reg or Decaf) | \$3.25 |
| Iced Coffee (Reg or Decaf) | \$2.50 |
| Iced Tea | \$2.50 |
| Fresh-Squeezed Lemonade | \$2.75 |

TEA LATTE—Hot or Iced

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| <i>Featuring Numi® Teas</i> | \$3.50 |
| Caramel Chai | |
| Mint Chocolate Black | |
| Vanilla Bean Herbal | |

ICED BLENDED DRINKS

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|--------------------------------------|--------|
| Frozen Caramel Latte* (reg or decaf) | \$4.00 |
| Frozen Mochaccino* (reg or decaf) | \$4.00 |
| Frozen Vanilla Latte* (reg or decaf) | \$4.00 |
| Frusia® Fruit Smoothie | \$4.00 |
| Frusia® Lemonade Freeze | \$4.00 |
| Frusia® Tea Freeze | \$4.00 |

JUICE BAR

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| Fresh-Squeezed O.J. or Grapefruit Juice | |
| Sm. | \$2.95 |
| Lg. | \$4.50 |
| Tomato, Cranberry or Apple | |
| Sm. | \$1.50 |
| Lg. | \$2.95 |

BEVERAGES

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|-------------------------------------|---------------------|
| Pepsi, Diet Pepsi, 7Up & Ginger Ale | \$1.95 |
| Stewart's Root Beer (Reg. or Diet) | \$2.50 |
| Stewart's Orange Cream Soda | \$2.50 |
| Pint of Ronnybrook Chocolate Milk | \$3.95 |
| Milk | sm \$1.75 lg \$3.50 |

BOTTLED WATER

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|----------------|---------------------|
| Poland Spring | sm \$2.50 lg \$4.95 |
| San Pellegrino | sm \$2.50 lg \$4.95 |

FROM THE FOUNTAIN

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|-------------------|--------|
| Egg Cream | \$3.00 |
| Milk Shake | \$4.95 |
| Malted Milk Shake | \$5.50 |
| Ice Cream Soda | \$2.75 |
| Root Beer Float | \$3.25 |

SIDES

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| Fries | \$2.95 | <i>with gravy or cheese</i> | \$3.45 |
| Sweet Potato Fries | \$3.25 | | |
| Mashed Potatoes | \$3.25 | | |
| Hash | \$3.75 | | |
| Home Fries | \$2.95 | | |
| Cup o' Mac | \$3.75 | | |
| Cup o' Chili (meat or veg) | \$4.50 | | |
| Pork & Beans | \$3.75 | | |
| Collard Greens | \$3.50 | | |
| Zaps Spicy Chips | \$1.50 | | |
| Slaw | \$1.95 | | |
| Toast or Bagel | \$1.50 | | |
| Low Fat Yogurt or Cottage Cheese | \$1.50 | | |
| Fresh Fruit Salad-Cottage Cheese or Yogurt | \$6.75 | | |
| Bacon, Sausage or Ham | \$3.25 | | |

*Featuring The World-Famous Antica Tostatura Triestina Espresso Bean©



Maryrose

COMFORTABLE FOOD